


# La Cloche Silhouette Trail, Silver Peak Section Killarney Provincial Park, Ont.



*Tough and taxing*  *Pushing your peak*

**OVERVIEW:** Silver Peak is a tough, steep section of Ontario's famous La Cloche Silhouette. The trail winds through forest, crosses rivers and is peppered with interesting quartzite formations. Runners are rewarded with sprawling views of Killarney and the ancient La Cloche mountain range. **LENGTH:** Silver Peak Section, 21 kilometres; La Cloche Silhouette proper, 78 kilometres. **DIFFICULTY:**  **TERRAIN:** Rocky, narrow pathway crossing rivers and valleys, punctuated by a few steep ridges. **STOP FOR A BREAK WHEN:** You get to the "Crack" at the Killarney Ridge. It's an impressive cleft in the rock that boasts stunning views of Killarney and Georgian Bay against the white quartzite backdrop of the La Cloche Mountains. **360°:** Killarney is a haven for the backcountry traveller and outdoor enthusiast with almost 100 kilometres of hiking trails and 11 canoe routes to explore. If you decide to take a drive to the little village of Killarney right on Georgian Bay, follow your nose to Herbert's Fisheries, where you can get fresh-caught fish and a pile of chips for lunch. For a more rustic heritage experience, check out Killarney's two lighthouses. Both were built in 1866. The West Lighthouse is only accessible by boat, but the East Lighthouse is accessible to the public. **NOTABLE:** La Cloche Mountains—one of the oldest in the world—stood taller than the Rockies about a billion years ago. The trail itself is dedicated to the Group of Seven artist Franklin Carmichael (1890-1945), for his painting by the same name. **STAMP OF APPROVAL:** "We always say that it's always a good sign when there are more deer than people on the trail."—Derrick Spafford, owner of Spafford Health and Adventure and member of the Canadian Mountain Running Team